

Norlington Reads in PE

Key Stage 4 and 5



Matthew Syed: **Bounce: The Myth of Talent and the Power of Practice**

Jeremy Lazarus: **Ahead of the Game: How to Use Your Mind to Win in Sport**

Tyler Hamilton and Daniel Coyle: **The Secret Race: Inside the Hidden World of the Tour de France: Doping, Cover-ups, and Winning at All Costs**

Anita Bean: **The Complete Guide to Sports Nutrition**

Anthony J. Blazevich; **Sports Biomechanics: The Basics: Optimising Human Performance**

Dr Kathleen Armour: **Sport Pedagogy: An Introduction for Teaching and Coaching**

Chris Cooper: **Run, Swim, Throw, Cheat: The science behind drugs in sport**

Jay Coakley and Elizabeth Pike: **Sports in Society: Issues and Controversies**

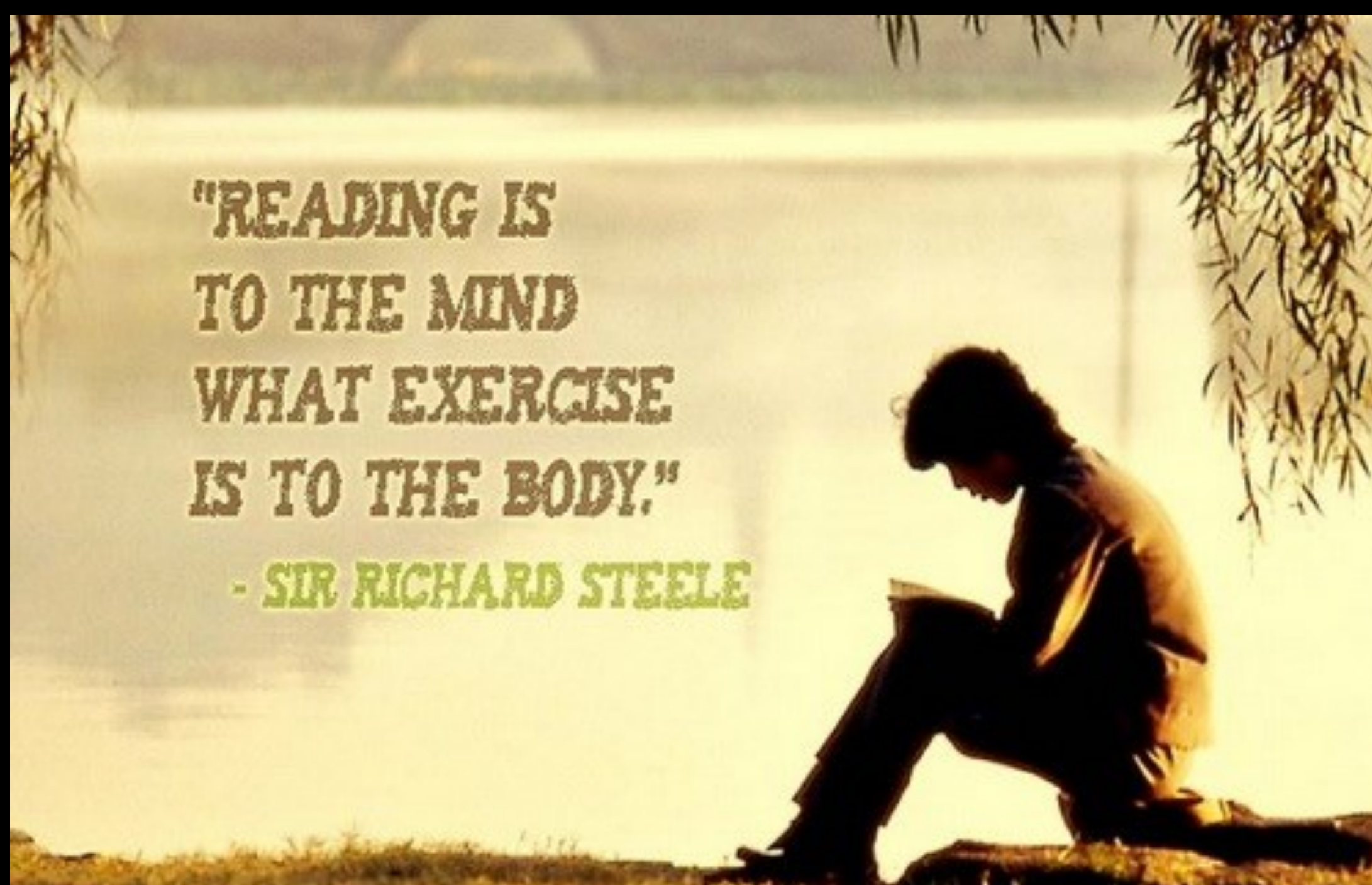
Graham Gordon: **Master of the Ring: The Extraordinary life of Jem Mace Father of Boxing and the First Worldwide Sports Star**

Christopher McDougall: **Born to Run: The Hidden Tribe, the Ultra-Runners and the Greatest Race the World has Never Seen**

Barbara Smit: **Sneaker Wars: The Enemy Brothers Who Founded Adidas and Puma and the Family Feud that Forever Changes the Business of Sports**

Keith Booth: **The Father of Modern Sport: The Life and Times of Charles W Alcock**

Daniel James Brown: **The Boys in the Boat**



Key Stage 3

Gerard Siggins: **Rugby Spirit: A new school, a new sport, an old mystery**

Elizabeth Laird: **The Fastest Boy in the World**

Mal Peet: **Keeper**

Michael Williams: **Now is the Time for Running**

Sean Conway: **Hell and High Water: One Man's Attempt to Swim the Length of Britain**

Sachin Tendulkar: **Playing it My Way – My Autobiography**

Zlatan Ibrahimovic: **I Am Zlatan Ibrahimovic**

Adharanand Finn: **Running with the Kenyans: Discovering the secrets of the fastest people on earth**

Luis Suarez: **Crossing the Line – My Story**

Alistair and Jonathan Brownless: **Swim, Bike, Run: Our Triathlon Story**

