



LEARN, ACHIEVE, LEAD
AT NORLINGTON MIXED 6TH FORM

Norlington 6th Form Newsletter – Edition 6

1st May 2020

This week we have a bit more of University focus for both Year 12 and Year 13.

I hope you are all managing to stay fit and healthy by engaging in your daily exercise, either alone or with people you live with. It is really important to have a routine which you stick to each day. During this challenging time, you may find the 8-8-8 rule helpful to structure your day (8 hours of work/self-development tasks, 8 hours of leisure/family time, 8 hours of sleep each day). Remember to keep in touch with your friends too and help around the house!

Thank you to those Year 12 and 13 who have already completed the questionnaire about how you are all managing at home. The questionnaire is still open, so if you haven't yet completed it, click on this link: [YEAR 12/13 SURVEY](#)

Year 12 - Week three of the Summer Term and we still wait to hear when schools will be able to reopen. In the meantime, it is really important that you do your best to keep up with the work set by your teachers. Please also make sure you are researching possible degrees and apprenticeships that you may be interested in applying for next year and have signed up to the University and Apprenticeship Search webinars which were featured in last week's newsletter.

Year 13 - Please make sure that you are ready for your chosen university/degree apprenticeship by researching content for Year 1 of your degree. We suggest that you read around the University topics and listen to podcasts and videos [LINK](#)



It is now time to accept your University place. Most of you will have the option to Firm - your first choice (CF) and Insure - your backup choice (CI) in case you do not meet the requirements of your first choice. UCAS deadline to accept offers is now - **18th June 2020**

Note: this is an extended **external deadline set by UCAS**. Failure to meet this deadline will mean you will lose all your offered university places. To accept your offers, you will need to log into **UCAS Track** and follow the steps. Please watch the video on this [link](#) for more information before making your final choices.

Thank you everyone! :)

Mr. Wadey, Head of 6th Form

Stay Safe, Stay Well, Stay Home!



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[Home Learning Course of the Week!](#)

Eton X Courses- Employment and University Skills [LINK](#)

This week you not only get 2 for 1, but you also save nearly **£200!**

Eton College, the world-renowned independent school, has offered two online courses for Norlington's Year 11 and 6th Form students. The courses are on **CV Writing** and **Academic Writing Skills**, as these are two important skills that you will require in your future. You will need to write a CV as part of an apprenticeship or during university where you will be applying for work experience and internships throughout your degree. Having good academic writing skills will help you during your A Levels, EPQ and University as you all need to write long answer questions and essays in exams and coursework.

We have looked at the content of both courses and it is very good...Eton normally charge every individual nearly **£100** to take each course but it is **FREE** for Norlington students in Year 11, 12 and 13. The topic of CV writing might also be a bit refreshing from subject-based work.

How to sign up to your EtonX course:

1. Visit the EtonX [website](#) and click Sign up.
2. Choose 'Sign up with Access Code'.
3. Enter your Access Code (these will be emailed to you directly)
4. Follow the on-screen instructions. **Sign up with your school email address** (details will also be emailed to you directly).
5. Congratulations! You can now get started on your course.

Once you have created your account, you can always log in at <https://learn.etonx.com/login> to finish your registration and access your course. If you face any issues during sign up or have any questions, please contact etonxoffer@etoncollege.org.uk.



Students need more than just good grades



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Last Week's Quiz Answer

I Got Lyrics

Name the song and artist:

*You've got to look at life the way it oughta be
Looking at the stars from underneath a tree
There's a world inside and a world out there
With that tv you just don't care
They've got violence, wars and killing too
All shrunk down in a two-foot tube
But out there the world is a beautiful place
With mountains, lakes and the human race*

ANSWER: Krafty by New Order

Future World Leaders

1) Who is this future leader, who knew a thing or two about lockdown?

ANSWER: Nelson Mandela

2) In his famous speech at the Rivonia trial, where he faced the death penalty, he brilliantly and bravely challenged the judge to sentence him to hanging; he argued that to do so would be to render the government undemocratic. Q: Which clause did his lawyers insist on being included in this speech?



'During my lifetime I have dedicated my life to this struggle of the African people. I have fought against white domination, and I have fought against black domination. I have cherished the ideal of a democratic and free society in which all persons will live together in harmony and with equal opportunities. It is an ideal for which I hope to live for and to see realised. But, my Lord, if it needs be, it is an ideal for which I am prepared to die.'

ANSWER: '...if it needs be,'

University Finance Quiz

The **SECOND** University Finance Quiz - **maintenance loans** - how much do you know? - [click here](#)

Student loan application - [start here](#)





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What are you doing?

Last week you were asked to complete a quick survey so we can find out what you have been doing at home during lockdown that involves learning or self-development: books you are reading, online courses you are taking, new skills such as cooking, etc.

Here are some of the responses....

Here is **Hayden** in Year 13 on his 15 km run. So far, he has racked up an impressive 135 km since lockdown began!



15.02

kilometres

6'01"

Pace

1:30:28

Time

876

Calories

67 m

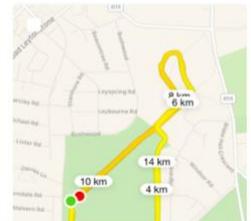
Elevation

Gain

--

Heart

Rate



Saime in Year 11 will be joining the 6th Form this year, and he has been keeping himself busy by learning new skills such as gardening, improving his art, interior design, and writing his own two-part short story! He has been following a course on how to write a novel to improve his writing skills and learning Arabic grammar. He is even finding the time for exercise and meditation. This is an impressive use of lockdown time Saime!



Can you guess which **6th Form student** has taken to training their parrot during lockdown?

I have also received many photos of the food that students in **Year 13** have been cooking. It's great to see you are practicing your cooking skills for University! Sadly they are too shy to be named in the newsletter....

The survey is still open if you'd like to share.... (Being featured in the newsletter is not compulsory but is recommended!)

[CLICK HERE TO TAKE THE SURVEY](#)



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This Week's Quiz Questions

Friday Fun ~ Music Quiz 2020

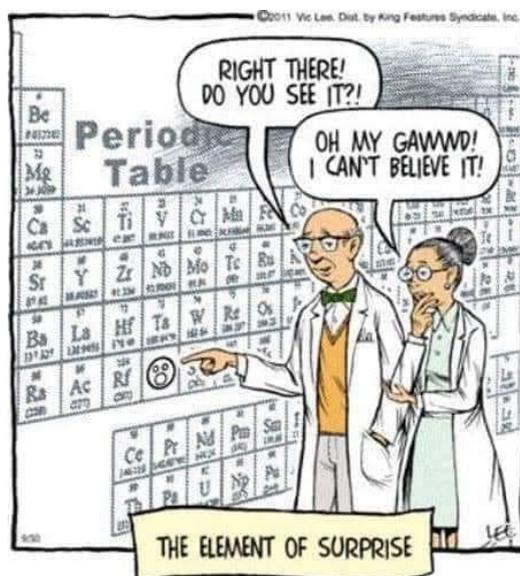
1. 'Future Nostalgia' containing the single 'Don't Start Now' is the second studio album from which English singer?
2. 'Divinely Uninspired to a Hellish Extent' is the debut album of which Scottish singer-songwriter?
3. What's the name of the single released by Powfu and beabadoobee containing the opening line 'Don't stay awake for too long, don't go to bed'?
4. Which Brooklyn rapper had a UK number one in March 2020 with Roses?
5. Which former The Smiths front man released 'I Am Not a Dog on a Chain' in 2020?
6. 'Stupid Love' was the debut single from the album 'Chromatica' from which US superstar?
a) Lady Gaga; b) Britney Spears; c) Madonna
7. Best known for the song 'Stay With Me', which English singer released 'To Die For' in 2020?
8. Which country legend known for 'Island in the Stream' and 'The Gambler' sadly died in March 2020?

Future World Leaders

Who is this week's future leader? She has a Doctorate in Quantum Chemistry; speaks fluent Russian; once turned down a job spying for the STASI; and is now fast becoming known as 'leader of the free world'.



Mr. Wilson's Joke of the Week





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More Speakers for Schools talks - Live Streamed – [click here](#)



Monday 4th May, 2pm:

Carl Jones, Award Winning International Creative Director

Carl's talk will focus on fake news, how to spot it and will share a practical checklist you can use to assess whether what you're seeing on socials or in the media is fake.

Wednesday 6th May, 10am:

Retired Consultant Breast Surgeon and Breast Cancer Patient, Author, The Complete Guide to Breast Cancer.

Liz's talk with 11-18 year olds will focus on how to cope when bad things happen, developing resilience and self-care strategies during difficult times and how setting goals can help.

Thursday 7th May, 10am:

Penguin Talks in Collaboration with SFS – The Squiggly Career. This talk will take place on the Penguin YouTube page via the link.

Authors of The Squiggly Career, Helen Tupper and Sarah Ellis, share practical tools, exercises and actions to help you grow in confidence, stay curious and ultimately prepare for, and enjoy, the squiggly world of work.

How to access VTalks

No logins are required, and all attendees can stream the talks without downloading Microsoft Teams. Links should be opened in a browser that is not Internet Explorer. Students can view by clicking WATCH TALK LIVE HERE and then clicking 'Watch on web instead' and sign in anonymously. The speakers will appear at the set times e.g. 10am and 2pm.



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Preparation for University

Year 13 – don't forget to go your Vimeo channel and work through the videos about budgeting, freshers' week, arriving on your first day and the new video on Results Day (where students talk about their insurance choices).

There are also videos on revision-recall, revision-understanding, revision-application. These will help you get the study skills you'll need for uni exams.

Vimeo channel: <https://vimeo.com/showcase/7004113>

Password: **netsixth13**

Year 12 and 13 – Don't forget to sign up to the live webinars hosted by **University & Apprenticeship Search** every Wednesday at 12pm. The webinar on **Choosing a University** has already happened, but you can still watch it by clicking the link below. Here are the details of the other webinars, and how to register (**you need to register for each webinar individually**):

Choosing a Uni

- Picking a Course
- Location, Location
- Which Institution?
- Events + Advice

[WATCH HERE](#)

Student Finance

- How to Apply
- Living Costs
- Scholarships
- Bursaries

[REGISTER HERE](#)

Life at University

- Accommodation
- Study + Social Life
- Budgeting
- Extra-Curriculars

[REGISTER HERE](#)

UCAS Application: Personal Statement

- What to include
- How to Structure
- Standing Out
- Do's & Don'ts

[REGISTER HERE](#)

Why Choose an Apprenticeship?

- Explaining Levels
- Work + Study
- Career Options
- How to Apply

[REGISTER HERE](#)



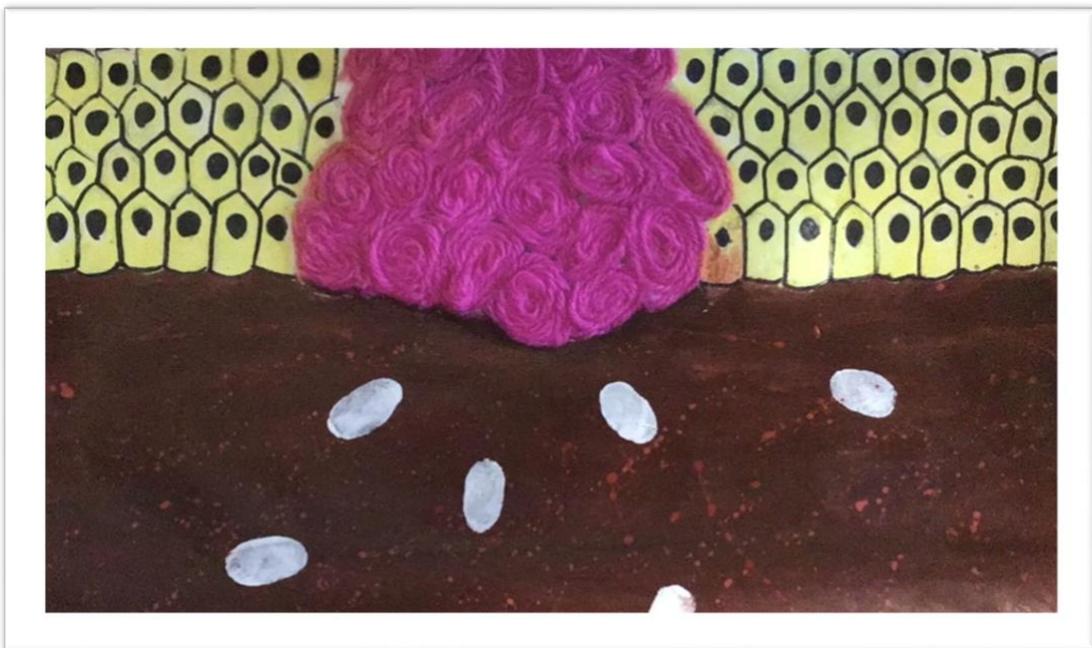


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Celebrating Success

Vivienne Nanfuka in Year 12 has been researching stem cells as part of her A Level Biology revision. Inspired by what she learnt, Vivienne took it upon herself to record a very interesting podcast about how stem cells work and has created the art piece below to model this. Listen to her podcast [HERE](#) and find out her thinking behind the art piece (you will need to sign in using your Norlington Gmail account which ends in @norlington.net).

Well done Vivienne!



Recommended Read

Chaos at the Top of the world (Click [here](#) to read)

It was one of the most arresting viral photos of the year: a horde of climbers atop Mount Everest. But it only begins to capture the deadly realities of what transpired that day at 29,000 feet.





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Thought of the Week



That's it for this week! Watch out for the next newsletter on Friday 8th May

Stay safe, Stay well, Stay home!