YEAR 7 TABLE TENNIS CYCLE SHEET

NAME: **CLASS** **TARGET GRADE:**

STUDENT: SBE BE E AE SAE **TEACHER:** SBE BE E AE SAE

ASSESSMENT OBJECTIVE- Students will be assessed playing a singles match at the end of the unit. The assessment will take in account all the skills learned over the 6 week programme.

Target grade	Criteria	CURRENT GRADE	Targets For Improvement	END OF UNIT GRADE
8-9	I can use different spins when serving or a rally to outwit my opponent		**Areas of your performance you would like to improve.**	
	I can officiate a 1v1 match applying the rules of the game.		1. At the end of this unit, I would like to improve my…	
	I can explain my (my peers) strength and weakness and provide corrections			
	I can force my opponent to make errors during a match by using their weakness			
6-7	I can use correct footwork when playing			
	I can use a range of strokes with good technique showing precision, control and fluency.			
	I can apply the rules accurately in a 1v1 game			
	I can explain my (my peers) strengths and weaknesses and provide some correction			
	I can outwit my opponents sometimes by forcing them to make errors			
4-5	I can hold the bat correctly.			
	I can play basic forehand and backhand strokes showing some precision, control, and fluency.		2. At the end of this unit, I would also like to improve…	
	I can serve using basic technique to start a rally.			
	I can describe my strengths and weakness as well as my peers'.			
	I can apply some of the rule of table tennis during a match			

6 WEEK PROGRAM
Week 1: Introduction to Table Tennis - Forehand
Week 2: Backhand
Week 3: Attacking play/Tactics
Week 4: service
Week 5: Backspin
Week 6: Games play

KEYWORDS- Push, forehand, backhand, drive, top spin, back spin, side spin, grip, stance and footwork

Careers- coach, PE teacher, professional athlete, referee/official, sports organiser, sport journalist, Sport analyst

End of cycle self-assessment- Write a review of your performance over the cycle. Discuss the 'WWW' and 'EBI'. Include examples and reasons for why these are 'WWW' and 'EBI'.

WWW:

EBI:

TEACHER C OMMENT: