YEAR 8 BASKETBALL CYCLE SHEET

NAME: **CLASS** **TARGET GRADE:**

STUDENT: SBE BE E AE SAE **TEACHER:** SBE BE E AE SAE

ASSESSMENT OBJECTIVE- Students will be assessed playing a 5v5 game at the end of the unit. The assessment will take in account all the skills learned over the 6 week programme.

Target grade	Criteria	CURRENT GRADE	Targets For Improvement	END OF UNIT GRADE
8-9	I can pass, receive and rebound the ball with very good technique showing precision, control and fluency in a game		**Areas of your performance you would like to improve.**	
	I can dribble the ball with both hand showing precision, control and fluency under pressure		**1. At the end of this unit, I would like to improve my…**	
	I can shoot the ball with very good technique showing precision, control and fluency under pressure		_____	
	I can explain some of my/peers' strengths, weaknesses and suggest corrections for improvement		_____	
	I can officiate a 5v5 game.		_____	
	I can defend a player showing control, fluency and tactical awareness to outwit them		_____	
6-7	I can pass, receive and rebound the ball with good technique showing precision, control and fluency in a game		_____	
	I can dribble the ball with both hand showing precision, control and fluency		_____	
	I can shoot the ball with good technique showing precision, control and fluency under pressure		_____	
	I can explain some of my/peers' strengths, weaknesses and suggest some correction		_____	
	I can officiate a 3v3 game.		_____	
	I can defend a player showing control, fluency and tactical awareness to outwit them		_____	
4-5	I can pass, receive and rebound the ball with some precision, control and fluency under pressure		_____	
	I can dribble the ball while moving with precision, control and fluency under pressure		_____	
	I can perform a lay-up and shoot the ball showing some precision, control and fluency		_____	
	I can describe some of my/peers' strengths and weaknesses and suggest some corrections		_____	
	I can apply the rules in a game situation		_____	
	I can defend a player showing some control and fluency		_____	
			2. **At the end of this unit, I would also like to improve…**	
			_____	
			_____	
			_____	
			_____	
			_____	
			_____	
			_____	
			_____	
			_____	
			_____	

6 WEEK PROGRAM	**KEYWORDS- Give and go, screen, rebounding passing, shooting, dribble, triple threat, lay-up, jump shot, set shot, free throw, traveling, double dribble, foul**
Week 1: The triple threat Week 2: Shooting under pressure Week 3: Tactical and Spatial awareness	

Week 4: Offensive plays Week 5: Defensive plays Week 6: 5v5 games	**Careers- coach, PE teacher, professional athlete, referee/official, sports organiser, sport journalist, Sport analyst**

End of cycle self-assessment- Write a review of your performance over the cycle. Discuss the 'WWW' and 'EBI'. Include examples and reasons for why these are 'WWW' and 'EBI'.

WWW:

EBI:

TEACHER C OMMENT: